

## Minor Consent Form

Minors are permitted to receive massage services at Holland Health. A parent or legal guardian must be present in completing the Health History Form for the minor and to sign the policies.

### Guidelines:

- Minors (under age 18) can only receive massage with written consent from parent or guardian.
- The consenting adult, child and therapist will establish goals for the massage sessions(s).
- For clients age 15 and under, the parent or guardian must be present in the treatment room.

For clients age 16-17 if both client and parent or guardian are comfortable with child in the treatment room by his or herself, please sign here:

Name: (print) \_\_\_\_\_

Name: (sign) \_\_\_\_\_ Date: \_\_\_\_\_

- Otherwise parent or guardian should be in treatment room during each session. Once a comfortable therapeutic relationship has been established between all parties the parent or guardian need not be in room.
- Appropriate etiquette / draping will be observed at all times during massage session.
- Client Health History is filled out and signed.

I, (name) \_\_\_\_\_, am the parent / legal guardian of  
(child name) \_\_\_\_\_, and give permission for my  
child (name) \_\_\_\_\_, age \_\_\_\_\_, to receive massage therapy  
from \_\_\_\_\_ therapist at Holland Health.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Client Name \_\_\_\_\_